

**TRAINING OPPORTUNITIES & CATCH UP DAY**

**SATURDAY 19th OCTOBER 2024 9.30 a.m. – 3.30 p.m.**

**Palmer’s College, Chadwell Road, Grays, Essex RM17 5TD**

Payment: - £5.00 per person. This is a legitimate Unit expense.

Sessions: - there will be 2 sessions of 90 mins. Please tick your choice for each of these.

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| **Session 1 10.00 – 11.30 a.m.** | | |
| A 1 | Wide Games |  |
| A 2 | Adjustment Plans |  |
| A 3 | Money, Money, Money |  |
| A 4 | Cricket |  |
| A 5 | Drumming |  |
| A 6 | New Leaders Session |  |

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| **Session 2 1.30 – 3pm** | | |
| B 1 | Wide Games |  |
| B 2 | New Leaders Session |  |
| B 3 | Cricket |  |
| B 4 | Drumming |  |
| B 5 | Silly Songs |  |

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| **Module 1 First response Face to Face 2hrs** | | |
| C 1 | Session 1 – arrive at 9.15 for a 9.30am start |  |
| C 2 | Session 2 – 1.30 - 3.30pm |  |

Refreshments - drinks available on arrival, mid-morning and lunch time. Please bring your own packed lunch.

Full Name: …………………………………………………………… Membership Number: ……….……….

Telephone No: ………………………………… Email: ………………………………………………………

Unit: ………………………………………………………. Division: ………………………………………….

Food allergies – please let us know for the pastries provided at mid-morning. ………………………………...

Mobility – please let us know if you have any mobility requirements. …………………………………………..

**PLEASE RETURN COMPLETED FORM TO:**

Girlguiding Essex West, Suite T4, Bates Business Centre, Church Road, Harold Wood, Romford. RM3 0JF,

or email [office@girlguidingessexwest.org.uk](mailto:office@girlguidingessexwest.org.uk)

Payment may be made by BACS – sort code 20:12:21 Acc. 80902551 – reference: Training/Surname, but we do still need the application form.

All applications need to be received by 3rd October 2024. Late entries will not be accepted.