



QUARTERLY UPDATES FROM AROUND THE COUNTY

SUMMER 2024

Rosemary Writes ...



1st Romford Brownies dressing up in Brownie Uniforms through the ages as part of their 10th Birthday Celebrations

Do you have a girl who will struggle to buy uniform?
Has your hall rent gone up due to the financial crisis?
Do you need help to meet the costs of annual subscriptions?
Anglia Region cost of living grants can help with all these problems and the process is really simple. Take a look at the region website where you will find all the details- all you have to do is fill out a short form, submit your last set of accounts and send it in. My own unit did so and received £250.00!! If you need any help then drop me a line.

I look forward to seeing as many as possible at our afternoon cream tea on July 7th. It's for everyone and you are welcome to bring along your supporting husband or partner.

Places for our Hautbois fun weekend are going fast- don't forget to apply

Dates for your diaries

22-23 June 2024	Come to Camp—training for adults
28-30 June 2024	Come to Camp—Chigwell Row
29 June 2024	Guide and Ranger Day—Chigwell Row
1 July 2024	Risk Assessments and RENS -online training
5-7 July 2024	Peer Education—Anglia Training
6 July 2024	Summer Fun Chigwell Row (Rangers, over 16s)
7 July 2024	Essex West Cream Tea—for all Volunteers
27 July-3 August 2024	Essex international Jamboree
16-19 August 2024	Hautbois Fest 2024
22 August 2024	INSPIRE Evening at Chigwell Row
13 -15 September 2024	Essex West Escapades at Hautbois
21 September 2024	Legoland for Rainbows
21 September 2024	Rainbow/Brownie Day—On Your Marks—Chigwell Row
4-6 October 2024	Peer Educator Weekend
19 October 2024	Members' Day

Delve into a Division: Romford

The sixth division in this series of articles finding out more about the Divisions of Essex West County, skipping to Romford to give the very new Commissioner in North West time to settle in:

Girlguiding first started in Romford in the early 1920s, with the first known Guide unit recorded as registering in November 1923. Many of the young girls that attended the new units are now part of Romford Division Trefoil Guild and there is lots of information in The Diamond Jubilee 1948-2008 booklet, that was produced at the time, including Olive Wenborne, Olive Buckley, Stella & Deirdre who are very active in the Trefoil Guild. (please forgive me if I have missed anyone out)

Now we have 4 districts: Romford Central, Gidea Park, Collier Row and Rise Park, consisting of approximately 7 Rainbow units, 13 Brownie, 7 Guides & 2 ranger units, with lots of dedicated leaders.

In Rise Park, the girls are enjoying the outdoors, with the Rainbows competing a teddy bear challenge, Brownies having a jungle themed pack holiday in Chigwell Row, some Guides are going to Come to Camp and Rangers to the Essex International Jamboree.

In Gidea Park the Brownies and Guides joined up for Pack Holiday at Chigwell Row. They have taken part in Crowning Glory, Come to Camp and end of term activities saw the girls visiting Raphael's Park, trampolining and the Rangers enjoying a meal out at Zizi's. The Brownies have completed The Anglia Challenge and Xmas Snowball at Foxlease, also the aviation and archaeology badge days at Chigwell Row. Guides and Brownies enjoyed visiting the Five world centres on Thinking Day and the Guides completed the Geocaching badge. Units visited RSPB at Rainham marshes and thoroughly enjoyed getting muddy at the county mud run.

(Wow they have been busy)

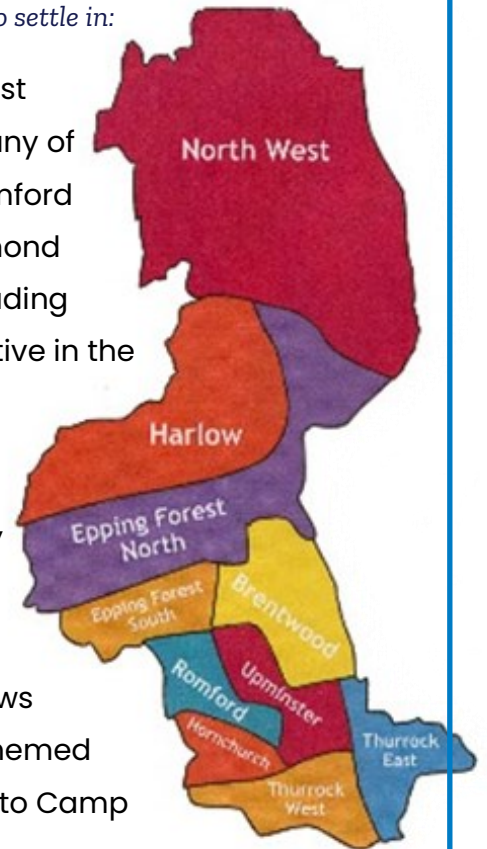
In Collier Row the first Guide unit to open celebrated their 90th anniversary with past & present members and enrolment of new girls.

In Romford, my Brownies celebrated our 10th anniversary and we have had 5 girls achieve their Silver Award and 2 on their way to Gold.

We are hoping to join in with the "Big Help Out" in Romford on 8th June with a litter pick & recruitment stall. We also join in with the Annual Remembrance & Armed Forces Day parades in the Town centre, where the Brownies get lots of applause.

Let's hope we can keep guiding alive in Romford for another 100 years.

Coral Gosling Division Commissioner



Programme & Adventure

Mud Run 2024



This year's Mud Run at Kelvedon Hatch, with photos from 1st and 3rd Chigwell Brownies, 1st Chigwell Guides, 1st Epping Guides and 4th Epping Brownies

Essex West County International Selection Weekend



Coming up ...

Leaders' Weekend—fun and friendship is the order of the weekend. With a trip to Norwich included. Come and meet the County team as well as other leaders from the county. The last weekend was a blast and if you haven't been to Hautbois - now is your chance!

County Cream Tea 2:00-4:00pm, Sunday 7 July at Thames Chase, Upminster—all welcome, Deadline for booking 30 June

Keeping Units Running

Is everyone aware of the following requirements:?

[Code of Conduct](#)—a few problems that have come to County are issues covered by the Code of Conduct—everyone should be aware they sign up to this as volunteers.

REN forms (Residential Event Notification) on GO have to be completed at Unit level, there's some tiny script at the obvious place that says those forms don't work!

The [courses on the Learning Platform](#) about keeping Information safe?

Golden Rules for keeping information safe

- Keep member information in the Membership System (GO)
- Always keep member information up to date
- Only use personal information to support guiding activities
- Only download or print personal information when absolutely necessary and use the minimum amount of information required
- Destroy / delete personal information as soon as you have finished with it
- Keep downloaded information on a device that is password protected
- Keep printed information in a secure place
- Do not share personal information unless you have the person's consent
- Follow Girlguiding's rules for keeping and sharing information safely
- If you lose any personal information or share it by mistake report it to HQ straight away

For more guidance see girlguiding.org.uk/data-protection

For help or to report lost data call data protection on 020 7834 6242 ext. 3060 or email us at dataprotection@girlguiding.org.uk

Financial Help

If you are struggling financially, hardship grants may be available from::

- [Girlguiding Essex West County Grants](#)—for events and cases of hardship
- [Girlguiding Anglia Grants](#)—Cost of Living Grants, new unit, and outdoor activities
- [Girlguiding National Grants and Funding](#)—accessible guiding, new unit grant, UK units in need.
- There's a new financial form from County— sent out by email in May

GirlGuiding in Action

Mental Health Week Be Well Yoga with 1st South Weald Brownies

A Yoga session run by a friend of Brown Owl, as part of Mental Health week, the girls learnt how to breathe! some relaxation techniques and a sequence of bird poses—Birds of paradise, Crane, pigeon. A great session, it was finished off with painting feathers and some Yoga games

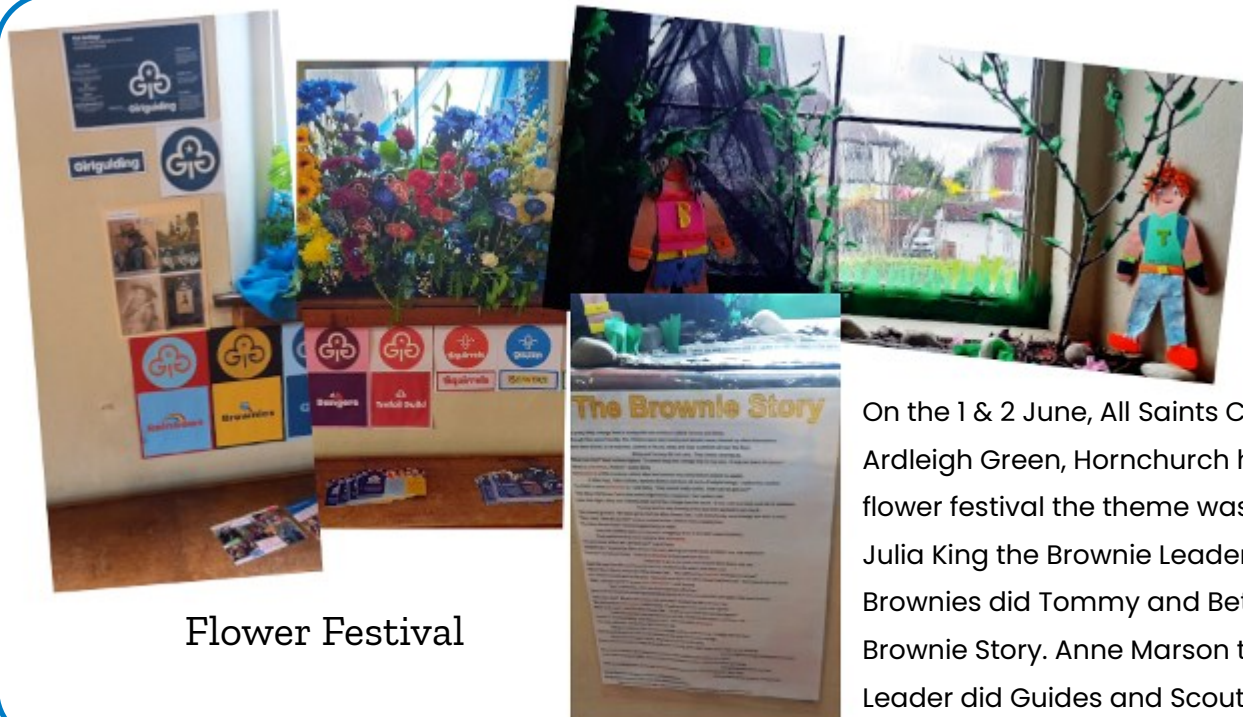


Come and Enjoy The Pines

The Pines is a lovely Guide camp site in the south of Brentwood. There is solid shelter consisting of a hut approx. 8m x 5m with carpeted floor, tables and chairs. A separate small kitchen has a fridge, freezer, kettle, electric cooker, urn and a microwave and there are two flush toilets. The site is available for camps, unit meetings and campfires. These need to be booked through the office. office@girlguidingsexsexwest.org.uk

The prices have increased this year. The new prices are: £20 per evening, £25 per half day £40 per day (8 hours min), £80 weekend, Charges for Electricity and gas will apply.

To keep the site in order we desperately need someone to cut the grass, currently monthly, more in summer. So, if you know of anyone who is able to do this, please contact with County Office..



Flower Festival

On the 1 & 2 June, All Saints Church at Ardleigh Green, Hornchurch held a flower festival the theme was opposites. Julia King the Brownie Leader and her Brownies did Tommy and Betty from the Brownie Story. Anne Marson the Guide Leader did Guides and Scouts.

Recruitment Resources



If you are trying to recruit new leaders or new girls, a good place to start is the Recruitment section on the Girlguiding Anglia website (www.girlguiding-anglia.org.uk). It includes information booklets such as 'Welcome to Girlguiding Anglia' and 'Ideas for recruiting girls and young women', and a unit activity pack called 'Bringing you to us'. There are also

editable leaflets, including ones that can be used to recruit people who are new to the area, called 'Welcome to your new home' and a student recruitment flyer. The editable section also has a magazine advert for each section and adult leaders, and a range of posters. There are lots of ideas for things to do if you are having a recruitment stand and various social media assets. Other sections on the website offer guidance on branding. The National website (www.girlguiding.org.uk) also has a number of recruitment resources, which can be found within the 'For volunteers' section, under 'Growing our membership'. You can also order free resources to use for recruitment either from Anglia or the National website. If you need any support with your recruitment activities, I am happy to help in any way that I can (jillosborne1974@gmail.com).



Roles and Vacancies Available

- County Treasurer
- Chair of Business and Finance
- County Advisor Responsible for Training (CART)
- Division Commissioner Epping Forest South
- District Commissioners - 5 County wide
- Grants Co-ordinator
- Commissioner Mentors
- Growth and Retention Team
- International Adviser (Job Share)
- County Archivist Team

Please contact Rosemary to discuss these roles: ewcc2021@gmail.com

Do you feel you could become a commissioner?

Do you want to know more about what it involves?
Do you feel you could support others and make a difference?

Then contact me for more details and share your knowledge and experience with others.

Bev Garnham

Essex West Commissioner Support

07932 763654

Are you part of the Leaders' Facebook group?

You will find important updates and events information in the [Leaders' Community](#). You will need to answer a few questions to join.

Have you seen the public page?

This [Facebook page](#) can be shared across your own profile to help with publicity.



Essex West Duke of Edinburgh (DoE)

Nichola Webber is our newly appointed county advisor for Duke of Edinburgh award. DoE is available for any girl aged 14-24. There are three sections to each level: Skills, Volunteering and Physical as well as an expedition to be completed to gain the award. Girls from Essex West have been able to join others from Cambridge East and North Essex Counties within Anglia for their expedition opportunities, and make new Guiding friendships along the way.

If any of your Guides, Rangers or Young Leaders wish to register, please ask them to email her: dofe@girlguidingessexwest.org.uk

Congratulations to these girls who completed DoE levels 2023

BRONZE - Kaitlyn Bell, Lucy Jo-Hinder, Abbie O'Brien, Sarah Robbins, Darcy Gordon, Emily Hill, Ava Musham, Isla Persaud and Megan Wisner

SILVER - Amy Horrocks and Edith Johnstone (shown right during their Peak District Silver training expedition)

GOLD - Chloe Fordham



Queen's Guide Award



We have had lots of Interest in the New Award now the Award has been extended to 30th birthdays: it's been great to hear from some of our younger Adult leaders.

We have 6 applicant's in the planning stage and 1 working through her modules.

We are also recruiting some QGA Mentors, ideally one from each Division Training will be given, you would need a good ear and be able to give loads of encouragement!

If you wish to find out more about starting your Queens Guide Award or becoming a QG mentor, please contact Veronica - queensguideaew@gmail.com

Hi! My name is Jay, I am a peer educator for Girlguiding.

What is Peer Education? Peer Education provides young members of the Guiding community the opportunity to teach Girlguiding members various topics. The programme trains girls aged 14-25 in a topic to deliver sessions to Brownies, Guides and Rangers.

Peer Education is a fantastic opportunity to learn vital transferable skills: group management, delivery. The programme supports young people to develop their confidence and social skills.

There is a training day in October for all peer educators in the topic of Think Resilient.

If you would like any more info, don't hesitate to contact me at jay.pritchard828@gmail.com.

INSPIRE: Essex West Inspire is for anyone aged between 18 and 30 volunteering in GirlGuiding.

The opportunities all fit within 7 pathways, you can follow one particular pathway or, because we're all different, mix and match to create a new path just for you.

To find out more come to the activity evening on 22nd August at Chigwell Row, ask to join the WhatsApp group to be kept up to date or contact essexwestinspire@gmail.com

Congratulations & Thank yous

Katy Jones leader of 3rd Loughton Brownies receiving her Good Guiding award from Susan Wiseman.



Jean Hobbs was awarded a Good Service Brooch on her retirement as Unit Helper with 3rd Loughton Brownie Pack for over 30 Years.

Photos Wanted

Girlguiding Essex West are always on the look out for photographs to show what our young people have been up to. Please email your photos to:

comms.ggew@gmail.com

REMEMBER, YOU MUST HAVE PHOTO CONSENT FOR SHARING THESE PHOTOS



Greg Smith. Unit Helper with 3rd Gidea Park St Michael's Brownies and Guides received his 10yr long service award on Wednesday 1st May

Happy 10th Birthday!



On 29th April, 12th Romford (SA) Brownies celebrated 10 years since we re-opened, with 14 brownies, three Young Leaders, three leaders and some guests including Olive Wenbourne, Norma Cotter, Sue Filomarino and Rosemary Jeffrey from Romford Division, Majors Mike and Ruth Stannett and Catherine Heins from The Salvation Army. We learnt about Brownies through the ages & enjoyed dressing up in the old uniforms, then we all sang Edelweiss (and got the parents to join in). We finished with cake.

A good time was had by all.

Staying in Contact



[Website](#)

[Events Pages](#)

[Compliments Page!](#)



[Leaders Community](#)

[Facebook page](#)



[County office](#)



[Communications Team](#)

for the website & newsletter